



## POD-Wake Gathering and Tour

May 28, 2015

9:30 – 11:30 Presentation & Showcase of POD-Wake Outdoor Learning Environments

12:30 – 3:30 Tour of POD-Wake Demonstration Sites



Please join your POD-Wake and Wake County Smart Start colleagues to share progress in creating rich, developmentally appropriate naturalized OLEs. Technical presentations, showcase displays, and a tour to three of eight POD-Wake OLEs will demonstrate how the POD approach can lengthen time outdoors, increase physical activity, engage children in fruit and vegetable gardening, and support outdoor learning.

**Date and time:**

**Register Here:**

<http://naturalearning.org/pod-wake-gathering-and-tour>

Thursday, May 28, 2015

9:30 am - 4:00 pm

**Contact us for more information:**

[naturalearning@ncsu.edu](mailto:naturalearning@ncsu.edu)

919-515-8345

---

**Registration Fee:** \$10.00

Includes breakfast, beverages,  
snacks, & NCSU CEU credit

Maximum participants: 75

---

**Location:**

JC Raulston Arboretum

4415 Beryl Road

Raleigh, NC 27606



Beginning and Beyond CDC

## Project News

### **POD-Wake Demonstration Centers receive M/I Homes Urban Agriculture Award.**

This is the inaugural year for this award sponsored by The City of Raleigh Environmental Advisory Board and M/I Homes.

Congratulations go out to the childcare center recipients, winners in the Small Community Garden category.

- A Kind Garden Child Enrichment Center
- A Safe Place Child Enrichment Center\*
- Beginning & Beyond Child Development Center Inc.\*
- Childcare Network #61\*
- Method Child Development Center
- Primary Beginnings CDC\*

\*POD-Wake Demonstration Site

## Recipe

**Muffin Cup Spinach Frittatas**

4-6 eggs  
2 tablespoons milk  
1 cup chopped spinach  
Diced Ham (optional)  
Goat cheese (optional)  
Salt & Pepper to taste

Preheat oven to 350 degrees.  
Combine all ingredients. Place  
in 6 cup muffin tin. Bake for 15  
minutes or until eggs are set.



Spinach growing at Heather Park Child  
Development Center, Garner, NC

## POD–Wake Project Calendar

### WEEK OF MAY 4

Planting sunflowers in newspaper pots

### MAY 14

Keller Williams Volunteer Day.

### WEEK OF MAY 18

Big planting week! Planting raised beds for summer.

### WEEK OF MAY 25

Continue planting summer vegetables.

POD–Wake project evaluation begins. Sarah and Mary will schedule with centers individually.

### MAY 28

POD–WAKE Gathering and Tour

### WEEK OF JUNE 1

Planting green beans around a teepee.

### WEEK OF JUNE 15

Planting sweet potatoes in grow bags.

### JUNE 27 THROUGH OCTOBER

Ongoing site visits.



**Our mailing address is:**

Natural Learning Initiative

NC State University

Campus Box 7701

Raleigh, NC 27695

[Add us to your address book](#)

[unsubscribe from this list](#)

[update subscription preferences](#)

[join our newsletter](#)

The MailChimp logo, featuring the word "MailChimp" in a white, cursive script font, centered within a dark gray rectangular background.