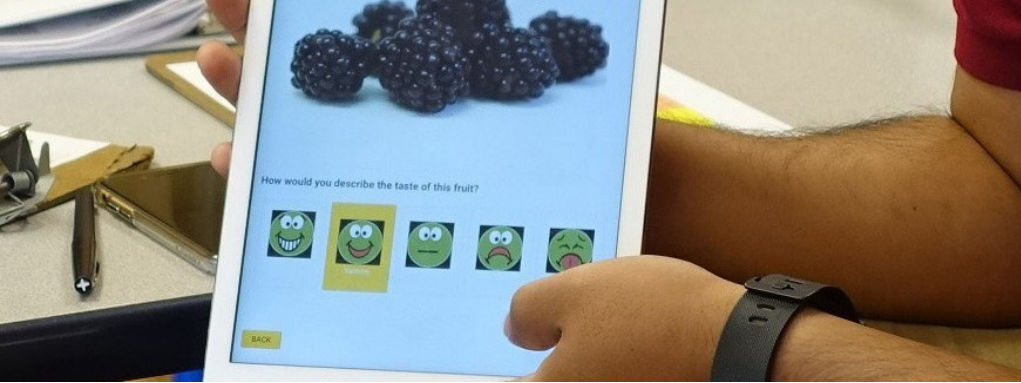


Support our mission in the year ahead to provide healthy outdoor environments for successful child development. **Thank you for helping us make a positive impact in 2022!**

Creating environments for healthy human development and a healthy biosphere for generations to come.

Check out the NLI Website!



Research Design, Protocol, and Participant Characteristics of COLEAFs: A Cluster Randomized Controlled Trial of a Childcare Garden Intervention

Childcare gardening may be an effective strategy to increase fruit and vegetable consumption and physical activity among children. Objective: to describe the research design of the Childcare Outdoor Learning Environments as Active Food Systems ("COLEAFs") randomized controlled trial (RCT), examining the effect of a garden intervention on fruit/vegetable consumption and physical activity.



Spring Early Childhood Outdoor Learning Environments certificate registration is now open!

Registration is open for the upcoming Spring section, February 14 - May 6, 2022. The self-paced online course consists of 8 modules and is worth 2.4 CEUs.

Moore Montessori Community School (MMCS) teacher workshop

MMCS is a public charter school serving Moore County, North Carolina. The design-programming workshop led by Robin Moore and Nilda Cosco and related user-needs surveys provides community input for creating an outdoor learning master plan/designs.



The effect of different COVID-19 public health restrictions on mobility: A systematic review

Due to the pandemic, most countries introduced interventions to reduce contact and limit transmission. Deepti Adlakha, PhD contributed to this review assessing the effect of public health restrictions on mobility across different countries and cultures.

Happy New Year!

As many of us are setting New Year's Resolutions, it is a great moment to stop and think about making them eco-minded. Goals don't have to be big. Remember small changes to our daily lives can make a huge impact not only for the environment but also for our physical and mental health.

