



Activity: Color Hunt in Nature

A fun way to spend a hot summer day is to go on a color hunt. Simply invite your child to collect items in the outdoor environment. Challenge them to find items for every color of the rainbow. Arrange items on a piece of fabric or paper. Photograph! Encourage them to identify, sort and categorize each found idea to enhance their learning and skill development.

Plant of the Month: Watermelon (Citrullus lanatus)

As the most consumed melon in the United States, watermelon is known as the favorite summertime fruit. Eaten by many, watermelon is a refreshing and healthy option during the summer months. When planting seeds, place them directly into the soil one and a half inches deep with 48 to 60 inches of separation between each seed or transplant. Make sure to plant between mid-April to June to avoid the dangers of frost. Harvest between July to early October.

Recipe: Fruit Salsa

Ingredients

- 3 pint containers of raspberries
- 2 pint containers of blackberries
- 1 pint container of strawberries, stems removed and diced

Instructions

- · Gently toss all ingredients together in a bowl until well combined
- Chill in refrigerator for 30 to 60 minutes.
- Serve with cinnamon chips or graham crackers.
- Serve and Enjoy!